

How to have a QT

Start in Mark chapter 1 and use the following steps:

Pray – Spend 30 seconds asking God reveal truth from the passage. You should pray for the both of you at this point. In later QT's you can give them the opportunity to pray first.

Read – Read 1 chapter in Mark together (to yourselves) and encourage them to underline or highlight things that stand out as they read.

Observations – After you finish reading, talk through some observation they made and some that you made.

Pray – Pray for the things you learned from the Scriptures. You pray and then encourage them to pray.

**Finish by encouraging them to continue to read through Mark on their own. Check in with them a few days later and ask them to get QT's together weekly. This can be as easy as sending a text message. You can use these meetings as a way to transition into you next 1-2-1.